

# Point of Health Acupuncture



Specializing in chronic conditions, pain and orthopedic disorders, fertility and menstrual disorders, complementary oncology and stress related complaints such as fatigue, anxiety, insomnia and smoking addiction.

*In Chicago at...*

3717 N. Ravenswood Ave., Suite 220E  
Chicago, IL 60613  
312.286.6069

*In the Suburbs at...*

1007 Curtiss Street, Suite 1  
Downers Grove, IL 60515  
630.915.1451

*For more information about  
Point of Health Acupuncture  
please visit us on the web at...*

[www.mypointofhealth.com](http://www.mypointofhealth.com)

# Acute and Chronic Pain

Traditional Chinese Medicine, or TCM, brings a patient's body, mind and spirit back into balance. TCM alleviates existing ailments and prevents new problems from arising.

Traditional Chinese Medicine has gained broad acceptance in the western medical community for the effective treatment of pain.

At Point of Health Acupuncture, we use a variety of techniques to alleviate pain including: Dr. Tan's Balance Method, cupping, electro-acupuncture and Tuina. We offer herbal medicine and pain relieving liniments to extend the benefit of your acupuncture treatment and speed healing at home.

## **Common conditions:**

- Arthritis
- Cancer-related pain
- Carpal tunnel syndrome
- Fibromyalgia
- Foot pain
- Headache/Migraines
- Gastrointestinal pain
- Knee pain
- Low back/sciatic pain
- Neck pain
- Pediatric pain
- Shoulder pain
- Sports injuries
- Tendonitis
- Trigeminal neuralgia

Our practitioners are certified by the National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM). Trained at Midwest College of Oriental Medicine, with extensive clinical practice and experience since 2004, our practitioners are your partners for health and wellness.

**Visit us at one of our two locations.**

***Call for your appointment today...***

**Chicago: 312.286.6069**

**Suburbs: 630.915.1451**

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